



# ARDENWOODS

 A Life Care Services Community™

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Winter 2014-2015

## Welcome to *The View*



## Good Neighbor



Above, Mary Johnson (center), with long time friends, Oris and Kitty Crout who will be joining the Ardenwoods family in 2015. They have been friends since high school. Good friends make good neighbors! Please speak with Tara Justus if you have a friend or family member who would enjoy living in our awesome community.

## From the **Desk** of...



**Jake Rightmyer, Executive Director**

As the New Year approaches, it is a great time to reflect on the many positive things that have happened to Ardenwoods and Heather Glen during 2014. Throughout the year, we have faced many challenges and tackled them one by one. Ardenwoods began the year with its lowest occupancy level since its existence. With the perfect collaboration of new marketing, new team members, better culture, and help from our residents, we've strengthened this community by selling 23 independent apartments ... and as I'm writing this, the year is not over. Heather Glen sustained 100% occupancy for almost the entire year, which is unheard of in this industry.

Financially, we exceeded our goals for 2014. Wow! During the last part of the year, we conducted our Resident Satisfaction Survey which concluded with a 92% overall satisfaction rate, affirming that we're on the right track to success.

This community, rich in intimacy and togetherness, has much to be thankful for this year. With ongoing growth, financial stability, and high levels of satisfaction I can't wait to see where we go in 2015! Wishing you all many blessings and a prosperous New Year!

## Active Aging Week 2014

This year's theme for Active Aging Week was "Let the Adventure Begin." Residents were invited to experience some regularly offered activities in a new way while also diving into new adventures.



Adventures in Pottery provided an outdoor setting on the veranda for residents to get creative with clay. Dixie Fisher made a beautiful trivet and she's only a beginner! Beginner and advanced techniques are offered during scheduled class times.



Adventures in plastic donuts and puzzles was strategically placed in the lobby. Betty Franks (standing) watched others before giving the brainteaser a try. Shirley Morrow and Lillian Meiggs (back wall) are working the puzzle.



Why do Tai Chi indoors when you can inhale the mountain air and a beautiful view at the same time? Switching things up breaks the doldrums of a regular routine and awakens the brain!



Christmas in September brought crafters to the lobby to work on holiday trees and wreaths utilizing coffee filters. Pat Baron, the crafts instructor, is so clever. The class meets regularly on Mondays in the creative arts studio.



The evening adventure in top hat putting was a hoot. Various metal and stuffed giraffes were set up on the putting green by Arlene Anton as course obstacles. Arlene created the game and also served as the golf ball retrieval "robot." Players wore black top hats and enjoyed beer and wine while playing.



A country breakfast was provided at Men's Coffee for those who wore a plaid or striped shirt. Above, Dick Jedwill and Jim Boyd are working hard at trying to untangle a metal puzzle for a chance to win a prize. Dick Jedwill and Les Hansen ended up winning.



Above, the Cruise into Fall Ball was well attended by residents and serious prospects. Music, dancing and a fabulous buffet featuring seafood was enjoyed by a full house. But, before dinner, guests were invited to try their luck at blackjack with Plant Operations Director, John Watterson (below).





# Volunteer Corner




Above, the Flag-Folding Ceremony on Veterans Day was an especially meaningful part of the event and was lead by JROTC Cadet Ashton Cooper. Below, SMSgt. Anthony Kelly (L) and Col. Thomas Bell (R) strike a pose with all of the cadets who came from TC Roberson High School.



Throughout the year, various resident led groups have been involved in both local and global outreach projects. Above, Lillian Meiggs, Arlene Anton, Joy Lee Eppes, Elsie Happe, Lyn Teven, Joyce Wiley and Shirley Morrow with shoe boxes stuffed with school supplies, clothing, and toys destined for children across the globe through Operation Christmas Child. Locally, other residents supported the Meals on Wheels Senior Santa Project by providing goodies and knitted scarves they handmade. And, dozens of Ardenwoods and Heather Glen residents and staff continue to provide weekly food donations to the Avery's Creek Methodist Church food pantry. Harriet Forrester leads the pantry outreach project.



The fall outing to "Pretty Place Chapel" near Caesar's Head State Park was worth the drive. A picture perfect day provided a stunning long range view of the mountains. It is no wonder hundreds of couples choose this site to tie the knot every year.

## HALLOWEEN FUN!



Marshall Arlene Anton and Witch Joy Lee Eppes, were the 1st and 2nd place winners, respectively, of our annual costume contest.



During the Bride of Frankenstein contest, Bill Eppes (left) waits patiently while Janet Mitchell and Shirley Morrow design his gown using toilet paper. Joseph Morrow (dressed like a ketchup bottle) strikes a pose while Veronica Plaisted works on his ensemble. Bill won the 2014 title.



During the Halloween scavenger hunt, players had to guess the number of gumballs on the above pumpkin. The player closest to the number received a prize. The winner was Mary Johnson. The number of gumballs was 536! The pumpkin was decorated by Executive Director, Jake Rightmyer, Felicia Pude and Janice Husk.



# THE VIEW

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